

MARCH 2010 at PEOPLE PLUS

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	2 8:00 Strength Training 8:30-Noon AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:40 Friends with Mt. Ararat 1:00 Quilters 2:30-5:30 Teen Center	3 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	4 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:30-4:00 AARP Tax Help 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	5 9:00 Yoga
8 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	9 8:00 Strength Training 8:30-Noon AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:00 LUNCH OUT- Bowdoin College 12:40 Friends with Mt. Ararat 2:30-5:30 Teen Center	10 8:00 Men's Breakfast 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	11 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:30-4:00 AARP Tax Help 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	12 9:00 Yoga
15 9:00 Yoga 9:00 Crafters 11 00-12:00 Blood Pressure Clinic 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	16 8:00 Strength Training 8:30-Noon AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:00 Brown Bag Lunch Community Read "Glory in the Name" by James L. Nelson 12:40 Friends with Mt. Ararat 1:00 Quilters 2:30-5:30 Teen Center	17 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	18 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 11:00 Spectrum Generations Information Specialist 12:00 Lunch & Connections "Corned Beef & Cabbage" 12:30-4:00 AARP Tax Help 1:15 "Insights" Volunteer Program 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	19 9:00 Yoga
22 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	23 8:00 Strength Training 8:30-Noon AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:40 Friends with Mt. Ararat 2:30-5:30 Teen Center	24 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	25 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:30-4:00 AARP Tax Help 2:00 Center Stage Players "Cabin Fever Offset" 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	26 9:00 Yoga
29 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	30 8:00 Strength Training 8:30-Noon AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:40 Friends with Mt. Ararat 2:30-5:30 Teen Center	31 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center		