

APRIL 2010 at PEOPLE PLUS

Monday	Tuesday	Wednesday	Thursday	Friday
			1 11 a.m. – 11 p.m. Gelato Fundraiser, 74 Maine Street 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:30-4:00 AARP Tax Help 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	2 9:00 Yoga
5 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	6 8:00 Strength Training 8:30-12:00 AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 12:40 Friends with Mt. Ararat 1:00 Quilters 2:30-5:30 Teen Center	7 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	8 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:30-4:00 AARP Tax Help 5-9:00 p.m. Music in April 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	9 9:00 Yoga <hr/> 10 SATURDAY 9:15-10:15 a.m. Weekend Workout W/ Ida Messerman
12 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	13 8:00 Strength Training 8:30-12:00 AARP Tax Help 9:00-10:15 Ping Pong 10:00 Basic Art 11:30 Lunch Out Capt. Mike's 12:40 Friends with Mt. Ararat 2:30-5:30 Teen Center	14 8:00 Men's Breakfast 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	15 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 11:00 Spectrum Generations Information Specialist 11:00-12:00 Blood Pressure Clinic 12:00 Lunch & Connections 12:30-4:00 AARP Tax Help 1:15 "Insights" Volunteer Program 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	16 9:00 Yoga <hr/> 17 SATURDAY 9:15-10:15 a.m. Weekend Workout W/ Ida Messerman
19 <div style="text-align: center;"> <h2 style="margin: 0;">Patriot's Day</h2> <p style="margin: 0;">Office Closed</p> </div>	20 8:00 Strength Training 9:00-10:15 Ping Pong 10:00 Basic Art 1:00 Quilters TEEN CENTER CLOSED	21 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus School Vacation Week	22 EARTH DAY 8:00 Strength Training 9:00-10:15 Ping-Pong 10:00 Advanced Art 12:00 Walk to the water 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing	23 9:00 Yoga <hr/> 24 SATURDAY 9:15-10:15 a.m. Weekend Workout W/ Ida Messerman
26 9:00 Yoga 9:00 Crafters 12:00 Bridge 2:30-3:30 Ping Pong 5:00 Interval Plus 2:30-5:30 Teen Center	27 8:00 Strength Training 9:00-10:15 Ping Pong 10:00 Basic Art 12:40 Friends with Mt. Ararat 2:30-5:30 Teen Center	28 8:45 Intermediate Cribbage 9:30 Line Dancing 11:15-12:30 Ping Pong 1:00 Writer's Group 1:30-3:00 Tai Chi 5:00 Interval Plus 2:30-5:30 Teen Center	29 8:00 Strength Training 10:00 Advanced Art 12:00 Volunteer Luncheon 6:00 Course in Miracles 6:00 Yoga 7:15 p.m. Line Dancing 2:30-5:30 Teen Center	30 9:00 Yoga